



# Footscray Meadows

7<sup>th</sup> December 2017

Kent Night Cup (KNC Event 12)



<b>Venue :</b>	Footscray Meadows comprises of runnable open meadows dissected north to south by the River Cray. Also a mixture of rough open land and some pockets of woodlands with some interesting point features. <b>THE RIVER IS UNCROSSABLE THROUGHOUT THE EVENT.</b>
<b>Map :</b>	1:10,000 scale with 5m contours. Map updated 2014.
<b>Directions :</b>	Can access Footscray Meadow from either A20 or A2 easily. Choice of railway stations, the best two are Albany Park or Bexley. Approx 2 miles.
<b>Car Parking :</b>	Parking is at the White Cross Pub. Address: 146 North Cray Rd, Sidcup DA14 5EL.
<b>Registration :</b>	In the car park between 18:45hrs and 19.15hrs.
<b>Courses :</b>	Suitable for all abilities. Mass start 19.30hrs. 60 minute score event. Twenty-two controls in total made up of 70-76, 80-86, 90-96 with a changeover of control 100. Visit as many controls in each set in any order, before switching to the next set, no switching back. The changeover control must be done between each set.  There is a super bonus of 5 points per set if completed consecutively, i.e. 70, 71, 72 etc. Maximum of 37 points.  Each control is worth 1 point. Course closes 20.30hrs. A penalty of 2 points will be deducted for each minute or part minute you are late back.  The competition area does not involve any road crossings.  Equipment: SPORTIDENT timing will be used. If you don't have a dibber, they are available to hire from registration for £1. Lost hired dibbers will be charged at a cost of £30.
<b>Fees :</b>	Seniors £4 and Juniors £1.
<b>Starts :</b>	19.30hrs There is a short walk to the start and so we will be leaving registration at 19:20hrs. Please arrive in good time.
<b>Facilities :</b>	Toilets will be available at the White Cross Pub. No muddy shoes please.
<b>Results :</b>	Results will be available at the après-O on the night (see below) and on the DFOK website within a few days.
<b>Further information :</b>	Coming to the event? It would be nice to know if you are coming to gauge how many maps we need to print off. If you are coming please email at <a href="mailto:markcollins444@hotmail.com">markcollins444@hotmail.com</a> . Thanks.
<b>Après-O :</b>	If you would like to join a number of us for a drink or some food after your run then we will be remaining at The White Cross Pub. Food should be ordered before your start, so please tick your choice at registration.
<b>Organiser / Planner :</b>	Mark Collins (DFOK) <a href="mailto:markcollins444@hotmail.com">markcollins444@hotmail.com</a>

**For details of other DFOK events, or club membership, then visit the DFOK website at [www.dfok.co.uk](http://www.dfok.co.uk) .**