

Orienteering Training Day at Shorne Country Park

A coaching day is being organized in order to practise the orienteering techniques that we have been learning in the evening activity sessions. It will be suitable for everyone, from beginners to the more experienced and will cover techniques such as attack points, aiming off and contours. It is a great chance to meet and learn from other orienteers and practise those techniques that you find so hard in a competitive setting!

Meeting Place: Car Park at Shorne Country Park, Brewers Road, Shorne, Gravesend, DA12 3HX. For map see <http://www.kent.gov.uk/leisure-and-community/parks-and-outdoor-activities/shorne-woods-country-park> (Cost of car park is £3 on Sundays)

Date: Sunday 31st January

Time: 9:45am - 3pm

Cost: Free for adults and juniors (Juniors must be accompanied by an adult)

There is a café at Shorne Country Park where we can get hot or cold food and drinks or you can bring your own. However, please bring plenty of water, your compass and warm, waterproof clothing for the training part!

If you are interested in attending or have any queries, please contact Allison Page by email by Wednesday 27th January 2016 at allisonpage1234@gmail.com

